How Ketamine Addiction Is Treated

Detoxification may necessary in extreme cases of ketamine addiction. Detox programs are in-patient and address the body’s physical dependence on the drug. However, many ketamine users need additional therapy in order to treat the reasons that they’d begun using the drug in the first place.

Treatment will vary from one patient to the next, especially if other psychological or emotional conditions are present, but rates of recurring ketamine use are much lower for addicts who use a treatment centre, therapist, or doctor as opposed to addicts who attempt to stop using the drug “cold turkey.”

On-going treatment will help to prevent a ketamine addict from seeking access to the drug, so all ketamine addiction treatment centres should have long-term options for their patients. You should look for a centre that is approved by an organization such as Narcotics Anonymous (NA). Narcotics Anonymous and similar organizations will also provide information for friends, family members, and other loved ones who need help in convincing a ketamine addict, who has for years used the drug as a means of escape, to seek treatment.

Ketamine addiction treatment can be extremely effective, and as the drug is potentially lethal, treating the addiction by contacting a drug abuse centre is imperative. Ketamine addiction requires the right combination of detoxification and therapy, and a trained medical professional can help you or loved one to start on the road to recovery.